



The Transfiguration of the Lord

6th August 2020

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured: his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this the disciples fell on their faces overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus. As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.' Matthew 17:1-9

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.



Hearing Jesus, and each day Jesus' word enters our hearts and makes us stronger in faith. .

... the grace of purifying our eyes, the eyes of our spirit, to prepare the eyes of the spirit for eternal life. Purifying the eyes! I am invited to listen to Jesus, and Jesus manifests himself, and by his Transfiguration he invites us to gaze at him. And looking at Jesus purifies our eyes and prepares them for eternal life, for the vision of heaven. Perhaps our eyes are a little sick because we see so many things that are not of Jesus, things that are even against Jesus: worldly things, things that do not benefit the light of the soul. And in this way, this light is slowly extinguished, and without knowing it, we end up in interior darkness, in spiritual darkness, in a darkened faith: darkness, because we are unaccustomed to looking and imagining the things of Jesus.

This is what we asked today of the Father, who teaches us to listen to Jesus and to gaze at Jesus. To listen to his word, and think about what I was telling you about the Gospel: it is very important! And to see, when I read the Gospel imagining and looking at what Jesus was like, how he did things. And thus our minds, our hearts go forward on the journey of hope on which the Lord places us, as we heard he did to our father Abraham. Always remember: to listen to Jesus, to make our faith stronger; to gaze at Jesus, to prepare our eyes for the beautiful vision of his Face, where we all — may the Lord grant us the grace — will be at a Mass without end. So be it.

Pope Francis

